Consent Form

As an undergraduate student at Texas State University–San Marcos, you are invited to be 1 of approximately 200 participants in a research study, in which you will answer question over a lecture on sleep disorders. This research is being conducted by Dr. Crystal Oberle (oberle@txstate.edu; 512-245-3166) with the assistance of the following undergraduates in the Department of Psychology: Stephanie Engeling (se1081@txstate.edu), Adam Hassan (ah1432@txstate.edu), Chris Lee (cl1200@txstate.edu), and Senecae Ontiberos (so1031@txstate.edu).

Your participation will include the following steps. First, in a room with 50 other student participants, you will watch and listen to a 20-minute lecture on the topic of sleep disorders. Second, you will complete a survey with 10 questions asking you to rate various aspects of the lecture; 20 multiple choice questions assessing the information that you retained from the lecture; and 10 questions asking for your demographic information (such as your age, sex, and ethnicity) and your prior knowledge about sleep disorders. Participation in this study will take approximately one hour of your time.

This study has no foreseeable risks other than perhaps a very mild and temporary feeling of anxiety that is associated with participation in any research study, as well as standard risks that you encounter in any of your classes in which, for example, you may be sitting next to someone who is wearing a strong perfume that may irritate your nose or allergies.

Your participation in this study will give you experience with important research in educationalpsychology, which will benefit instructors who teach courses, as well as students who take these courses. Plus, with your instructor’s approval, you may receive extra credit points for participating. If your instructor does offer extra credit for your participation, but you do not wish to participate, you may earn the same number of extra credit points by writing a summary of an assigned article related to the effectiveness of lecturers. Reading and summarizing this article will take approximately one hour of your time, comparable to participation in the study.

Your participation in this study is completely voluntary: (a) you may freely choose to not participate; (b) if you do decide to participate, you may freely choose to withdraw your participation at any time during the study; and (c) you may freely choose to not respond to one or more of the questions on the survey. None of these actions will jeopardize your standing with the University or your grade in the course from which your participation is being solicited.

To ensure your confidentiality, your name will appear only on this consent form, which will be stored in a locked filing cabinet in Dr. Crystal Oberle’s office. The data from the surveys will be kept in a different locked filing cabinet – separate from consent forms – in Dr. Oberle’s office. After five years, all materials will be destroyed with a paper shredder. Although the results of this study may be published, your name will not be used, and you will not be identified in any way.

After you complete the survey mentioned in the second paragraph of this consent form, you will be informed about the exact questions that the study examined and what anticipated results may occur. This information will be provided orally by Dr. Crystal Oberle, and in writing in an additional paper that will be given to you. If you would like additional information, please contact Dr. Oberle at oberle@txstate.edu or 512-245-3166. After all data have been collected for this study, by June 1, a written summary of the findings will be posted online at the following address: http://www.psych.txstate.edu/research/debriefing.php

If you experience any distress from your participation in this study, you may want to contact the Texas State Counseling Center. Mental health services at the Counseling Center are free to registered students, though the number of sessions allowed may be limited. If you seek another mental health provider, any costs incurred for these mental health services are your sole responsibility. Contact information for the Counseling Center and for three outside mental health providers are provided below.

* Texas State Counseling Center / phone: 512-245-2208 / email: counselingcenter@txstate.edu / location: 5-4.1 LBJ Student Center on the campus of Texas State University in San Marcos, TX
* Kathie Cleveland, LPC / phone: 512-353-3103 / location: 829 N. LBJ, Suite #207 in San Marcos, TX
* Winston Haun, PsyD / phone: 512-396-1722 / location: 13 Pampass Pass in San Marcos, TX
* Trini Rodriguez, LPC / phone: 512-396-7170 / location: 205 Chetham St., Suite #1 in San Marcos, TX

Having read this form and asked any questions you may have had, please sign below if you are at least 18 years of age and if you voluntarily give your consent to participate in this study. A copy of this form will be given to you for your records.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name of Participant Signature of Participant Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name of Researcher Signature of Researcher Date

This research project has been reviewed by Texas State University–San Marcos’s Institutional Review Board (IRB): approval #???????. Pertinent questions about the research, your rights, and/or research-related injuries should be directed to the IRB chair, Dr. Jon Lasser (512-245-3413 or [lasser@txstate.edu](mailto:lasser@txstate.edu)), or to Ms. Becky Northcut, Compliance Specialist (512-245-2102).